



## RECOMMENDED & REQUIRED EQUIPMENT

Helmets are mandatory for participation in all training sessions at Snow Valley. Hard-eared race-specific helmets are preferable. For races, hard-eared race-specific helmets are mandatory for all disciplines except slalom, in which soft-eared helmets are acceptable. Starting in the 2016/17 season, FIS-approved race helmets will be mandatory for participation in any Alpine Canada sanctioned Masters races. To compete in sanctioned national races, you must have a helmet that meets the FIS RH 2013 specifications and the helmet must bear this decal:



FIS-approved helmets are not required for training at Snow Valley, nor for participation in non-sanctioned races such as the annual race at Snow Valley.

While a good pair of recreational carving skis is adequate for new or novice racers, participants will benefit greatly by having a proper pair of slalom race skis. Those who plan to do GS mountain training and races should also have a pair of GS race skis. For those who wish to train or race in Super G or Downhill, we can help you to source out proper speed skis that will suit you.

Other pieces of equipment that participants should consider having are shin protectors, hand guards, chin guards, mouth guards and back protectors. These items are not mandatory but are recommended to augment comfort and safety in the race courses.

Race suits are not required and most participants do not use them for training, but they can be a definite asset for competitions as they increase aerodynamics and mobility.

Our friends and program sponsors at Sundance Ski & Snowboard Shop carry a great selection of adult race equipment to suit all of your racing needs and can provide you with expert advice and service. Plus they offer exclusive discounted pricing on race gear to all Snow Valley Masters Racing Club members. [www.sundanceskishop.com/](http://www.sundanceskishop.com/)

For more information on the Snow Valley Masters Racing Club please contact Program Director, Paul Robinson at [paul@snowvalley.ca](mailto:paul@snowvalley.ca)