

# ABCD

Snow Valley believes in incorporating the ABCD's of the Physical Education Curriculum into our lesson programs.



## Activity

Students will learn new skills to enable them to alpine/cross-country ski or snowboard



## Benefits Health

Skiing and snowboarding is a great aerobic exercise and burns over 350 calories per hour.



## Co-operation

Skiing and snowboarding is a great way to help each other out learning new skills and having fun!



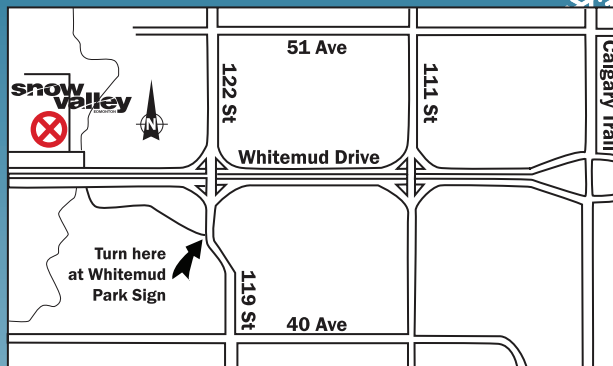
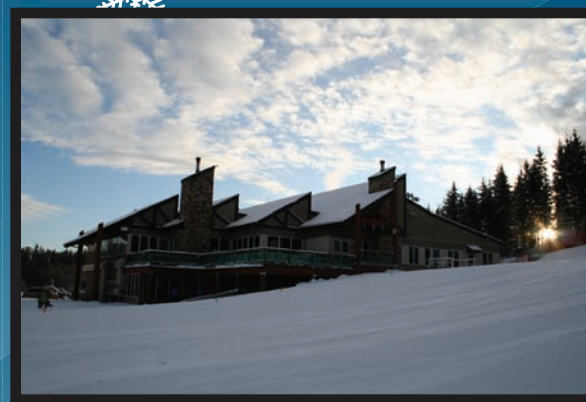
## Do it Daily for Life

Skiing and snowboarding is a fun way to keep an active and healthy lifestyle.



# snow valley

EDMONTON



PO Box 21100  
Edmonton, Alberta T6R 2V4  
780.434.3991 ext 230  
Fax: 780.436.5479

Email: [schoolsandgroups@snowvalley.ab.ca](mailto:schoolsandgroups@snowvalley.ab.ca)

[www.snowvalley.ab.ca](http://www.snowvalley.ab.ca)

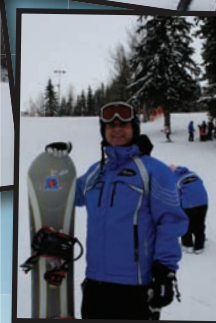
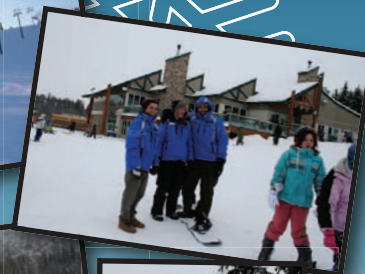
All dates, hours of operation, courses and pricing in this brochure are subject to change without notice

# snow valley

EDMONTON

## School Programs

09/10



## About Snow Valley



Snow Valley is a not-for-profit society that has been in operation since 1948. We are located just off Whitemud Drive on 119th Street, at the south end of Whitemud Park.

We want to ensure that your time here will be both fun and safe. Our first priority is to provide a positive learning experience for your students which will help them realize their potential in one of our snow sports.

## Snow Valley is Proud to Offer:

- \* A convenient location inside Edmonton
- \* Beginner to expert terrain
- \* A Quad Chair Lift, a Triple Chair Lift, and two Carpet Lifts
- \* Excellent snow conditions all season from our advanced snowmaking system & daily grooming
- \* CSIA, CASI, & CANSI certified instructors
- \* Full alpine, cross-country & snowboard equipment rentals
- \* Lessons to accommodate all ages and abilities
- \* One complimentary lift ticket for one teacher or adult supervisor per 10 students
- \* Full food & beverage concession
- \* Pre-ordered lunch program
- \* Qualified, friendly and helpful staff!

## Cross-Country Area

Looking for a place to bring your students cross-country skiing? Look no further! Snow Valley offers a serene cross-country area including a training grid and 1km loop with certified CANSI instructors. Our extensive snow-making system guarantees snow coverage throughout our season. For more information or to book, call 780.434.3991 ext. 230.



## 2009/2010 Season Rates

Rates	November Rate	Regular Rate
Day Pass, Lesson, Ski Rental *	\$22	\$24
Day Pass, Lesson, Snowboard Rental	\$25	\$27
Day Pass, Lesson (own equipment)	\$17	\$19
Helmet Rental	\$5	\$5

### After 1:30pm (weekdays only)

Day Pass, Lesson, Ski Rental *	\$20	\$22
Day Pass, Lesson, Snowboard Rental	\$23	\$25
Day Pass, Lesson (own equipment)	\$16	\$18
Helmet Rental	\$5	\$5

\* Alpine or Cross-Country Skiing

## Confirmation

If your requested date(s) and time(s) are available, a confirmation package will be sent to you. PLEASE NOTE: your booking is tentative and subject to change until your SIGNED CONFIRMATION has been received by the Snow Valley School Group Coordinator.

## Cold Weather Policy for Schools

You are responsible for the cancellation of your school group due to cold weather. You MUST contact our School Group Co-ordinator by phone at 780.434.3991 ext. 230 by 4:00pm the day before your scheduled excursion. We will make every effort to reschedule your day.

## Additional Information

- \* Prices are based on a per student visit & do not include bus fees
- \* A fee will be charged for group bookings with less than 10 students
- \* Students with a Snow Valley Season Pass qualify for a deduction of \$5 (Reg. Rate) or \$3 (Afternoon Rate)
- \* GST will be applied to groups with a majority of students over the age of 14
- \* Please phone School Group Co-ordinator for Bus Service Rates

## What to Expect Excursion Day

Upon arrival, Snow Valley staff will be on hand to assist you with all aspects of your ski trip. If you require assistance, look for a staff member and follow the directions provided below.

1. Please remain on the bus until a Snow Valley representative provides you with further instructions. Please have a total count of students, including those with their own equipment and those with Snow Valley season passes prepared.
2. Students will then take their lunch and personal items into the chalet, leaving them on the second floor. Students are separated into groups then proceed to the Rental Shop for helmets and equipment. Teachers and volunteers are asked to assist the children with their equipment.
3. At the Boot Room, students will be asked to remove their shoes in exchange for a pair of ski or snowboard boots.
4. Next, students will proceed to the ski or snowboard line to be fitted with the proper equipment.
5. After exiting the Rental Shop, students will be assigned to their lesson program with one of our nationally certified instructors.
6. Teachers, parents & volunteers receive lift passes & rentals after all students are in their lessons.
7. Schools will be called off the hill 30-40 mins prior to booked departure time for equipment returns and to load the bus.

**NOTE:** Students should be advised to dress warmly; blue jeans should be discouraged. Dressing in layers is the best way to achieve warmth. Please ensure that ALL students have toques, neck tubes/scarves, waterproof mittens or gloves and water or wind resistant outerwear. Hats with long tassels and long scarves worn outside the outerwear are discouraged to avoid getting caught in the ski lifts.