

## **DID YOU KNOW?**

**A helmet is an important safety consideration.**

**Use your head.**

**Educate yourself about helmet use.**



There is no substitute for responsible behavior on the slopes. Follow the "Alpine Responsibility Code," and consider wearing a helmet. It's a smart idea.

For more information, go to [www.lidsonkids.org](http://www.lidsonkids.org) or visit a ski area's retail shop.

CANADA WEST  AREAS ASSOCIATION

## **Helmet Safety Program**

Snow Valley recommends wearing helmets for skiing and riding. Skiers and snowboarders are encouraged to educate themselves on the benefits and limitations of helmet usage. The primary safety consideration, and obligation under the Alpine Responsibility Code, is to ski and ride in a controlled and responsible manner.

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