



**TEACHER/VOLUNTEER INSTRUCTIONS**  
**(PLEASE PHOTOCOPY AND GIVE TO ALL TEACHERS AND PARENTS.)**

We are pleased that you are joining your students for a day of skiing and/or snowboarding at Snow Valley. To maximize your student's enjoyment and that of the other children, we ask that you assist us in the following way:

- 1) When your bus arrives at Snow Valley please keep everyone on the bus. Our staff will greet you on the bus and give brief instructions to the students.
- 2) Students will receive their area passes as they exit the bus. They will proceed into the daylodge and up the stairs. Once upstairs, help students attach area-passes on their ski pants and put their backpacks/lunches in the appropriate spot. Snow Valley staff will organize them into groups before proceeding downstairs for helmet fitting and rentals.
- 3) Please have all volunteers meet downstairs in front of the Guest Services desk where they will be assigned tasks and given instructions.
- 4) **AFTER** all students/schools have received their equipment, area passes will be distributed by the coordinating teacher to adult volunteers who may then proceed through the rental shop.
- 5) Once all students are put into their respective lessons teachers and volunteers may join in. The lessons are geared to the children. The instructor will mark the child's pass with the area of the hill the instructor feels the student should ski to practice their skills.
- 6) If a parent or a teacher wishes to take a student to a more advanced slope, they must ride the lift and ski down with each student one at a time and the students must return to their level when not accompanied.
- 7) At the end of the day please return to the rental shop prior to the students being called off the hill to help the kids return their gear, gather their belongings and line up for the buses.
- 8) **Departure times are usually between 1:45 p.m. and 2:30 p.m. They are based on the number of school groups using Snow Valley on any given day and the requirements of the bus drivers to fulfill their regular routes.**

**Please Note:** The bus company requires two adult supervisors on each bus.

Number of passengers per bus (Buses will be booked according to these ratios):

☒ Elementary: 66 kids (3 per seat)

Jr High and High School: 48 kids (2 per seat)

\*\*Bus fees are additional and not included in the per student cost

**Cancellation policy** due to cold weather:

Contact Steven **by phone** 780.434.3991 ext. 230 by 4:00 pm the day before. Bus cancellation fee may be applied to excursions cancelled the day of.




Thank you,

Steven Kenworthy School Bookings Coordinator

# Classify Yourself for Skier Type

## Determining your skier type is your responsibility

Your skier type, height, weight, age and ski boot sole length are used to determine the release/retention settings of your ski bindings. Be sure to provide accurate information; any error may increase your risk of injury. Consult these descriptions to select your classification.

		
<p>"Cautious Skiing at Lighter Release/Retention Settings"</p>	<p>"Moderate Skiing at Average Release/Retention Settings"</p>	<p>"Aggressive Skiing at Higher Release/Retention Settings"</p>
<p><b>TYPE I SKIERS:</b></p> <ul style="list-style-type: none"> <li>• ski conservatively</li> <li>• prefer slower speeds</li> <li>• prefer easy, moderate slopes</li> <li>• favor lower than average release/retention settings.</li> </ul> <p>This corresponds to an increased risk of inadvertent binding release in order to gain increased releasability in a fall.</p> <ul style="list-style-type: none"> <li>• <b>Type I</b> settings apply to "entry-level skiers uncertain of their classification"</li> </ul>	<p><b>TYPE II SKIERS:</b></p> <ul style="list-style-type: none"> <li>• ski moderately</li> <li>• prefer a variety of speeds</li> <li>• ski on varied terrain, including most difficult trails</li> <li>• are all skiers who do not meet <b>all</b> the descriptions of either <b>Type I or III</b></li> </ul>	<p><b>TYPE III SKIERS:</b></p> <ul style="list-style-type: none"> <li>• ski aggressively</li> <li>• normally ski at high speeds</li> <li>• prefer steeper and more challenging terrain</li> <li>• favor higher than average release/retention settings.</li> </ul> <p>This corresponds to decreased releasability in a fall in order to gain a decreased risk of inadvertent binding release</p>

# SKI FITTING SHEETS

FITTING SHEETS MUST BE COMPLETED AND RETURNED THREE WEEKS PRIOR to your first visit.

Fax to 780.436.5479 or E-mail: [schoolsandgroups@snowvalley.ab.ca](mailto:schoolsandgroups@snowvalley.ab.ca)



**SKIERS ONLY**

Please consult description provided on the attached page for skier type.

Please fill out in pen.

Note: The information on this sheet is for equipment allocation & adjustment ONLY. Lesson status is determined on the snow.

	<b>NAME (FIRST &amp; LAST)</b> Please <u>print</u> clearly <b>Rentals only</b>	WEIGHT Lbs. or kg	Shoe Size	HEIGHT Ft. or Cm	AGE	SKILL LEVEL A B C D E F G H I J K L M N O P Q R S T U V W X Y Z	Helmet Rental (Y or N)
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							
16							
17							
18							
19							
20							
21							
22							
23							
24							

# OF HELMET RENTALS \_\_\_\_\_

# OF STUDENTS REQUIRING *SKI RENTALS* - \_\_\_\_\_

# OF STUDENTS WITH *OWN SKI EQUIPMENT*- \_\_\_\_\_

SCHOOL \_\_\_\_\_ TEACHER \_\_\_\_\_ CLASS \_\_\_\_\_

**PLEASE BRING THIS SHEET ON THE DAY OF YOUR EXCURSION. FOR YOUR INVOICE PLEASE HAVE THE FOLLOWING NUMBERS AVAILABLE:**

NUMBER OF STUDENTS *RENTING SKIS*:

-----

NUMBER OF STUDENTS WITH *OWN SKIS*:

-----

NUMBER OF STUDENTS *RENTING SNOWBOARDS*:

-----

NUMBER OF STUDENTS WITH *OWN SNOWBOARDS*:

-----

---

NUMBER OF STUDENTS WITH A *SNOW VALLEY PASS*:

-----

---

NUMBER OF *HOT LUNCHES*:

-----

NUMBER OF STUDENTS *RENTING HELMETS*:

-----

PLEASE RETURN ALL UNUSED LIFT TICKETS AND/OR LUNCH COUPONS TO THE SCHOOL GROUP COORDINATOR.

*To ensure an accurate invoice, please do a count on the day of your trip, and bring this sheet with you on each day of your excursion.*

Thank you for your cooperation.

# SNOWBOARD FITTING SHEET



FITTING SHEETS MUST BE COMPLETED AND RETURNED THREE WEEKS PRIOR to your first visit.

Fax to 780.436-5479 or E-mail: [schoolsandgroups@snowvalley.ab.ca](mailto:schoolsandgroups@snowvalley.ab.ca)

Please fill out in pen.

**SNOWBOARDERS ONLY**

	<b>NAME (FIRST &amp; LAST)</b> Please <u>print</u> clearly <b>Rentals only</b>	<b>Shoe Size</b>	<b>HEIGHT</b> Ft. or Cm	<b>Male</b> Or <b>Female</b>	<b>Helmet Rental</b> (Y or N)
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					
21					
22					
23					
24					

# OF HELMET RENTALS \_\_\_\_\_

# OF STUDENTS REQUIRING *SNOWBOARD RENTALS* - \_\_\_\_\_

# OF STUDENTS WITH *OWN SNOWBOARD EQUIPMENT* - \_\_\_\_\_

**SCHOOL** \_\_\_\_\_ **TEACHER** \_\_\_\_\_ **CLASS** \_\_\_\_\_



# SCHOOL LUNCH PROGRAM



School \_\_\_\_\_ Contact \_\_\_\_\_

Date of Booking \_\_\_\_\_

ALL LUNCHES **\$7.50** ea. (includes GST)

	Description	Qty.
<b>A</b>	Jumbo Hot Dog, Fries, Beverage & Dessert.	
<b>B</b>	Hamburger, Fries, Beverage & Dessert.	
<b>C</b>	Dino Buddy Chicken Nuggets, Fries, Beverage & Dessert.	
<b>D</b>	Chicken Corn Dog, Fries, Beverage & Dessert.	

### PLEASE NOTE:

- All lunch orders must be pre-ordered **3 WEEKS** prior to your arrival date specifying how many numbers from each of A, B, C and D menus have been requested.
- Lunches will be invoiced with school payment.
- Orders will not be taken on day of ski date.

For more information regarding the lunch program, please contact Steven by phone at 780.434.3991, ext. 230, by fax at 780.436.5479, or by e-mail at [schoolsandgroups@snowvalley.ab.ca](mailto:schoolsandgroups@snowvalley.ab.ca).

**Please return with fitting cards**





# **DRESSING FOR THE WEATHER**

**Students should be advised to dress warmly; denim is strongly discouraged.**

**Dressing in layers is the best way to achieve warmth. There are 3 layers to consider.**

- 1. The first layer (closest to your body) is called the base layer. This is the "keep you dry" layer. Cotton is an excellent base layer.**
- 2. The second layer is called the insulating layer. This is the "keep you warm" layer. This layer should be loose fitting and comfortable. Fleece is excellent choice for an insulating layer.**
- 3. The third and final layer is called the outer shell layer. This layer should be windproof and waterproof. Snow pants are strongly recommended.**

**As the temperature rises throughout the day, the under layers can be removed to prevent sweating. Alternately, if the temperature falls more layers can be added.**

**Please ensure that all students have toques and mittens/gloves.**